

# DOES CANCER Run in Your Family?



# Hereditary Cancer Screening

The Test You Take FOR Them

A Simple Swab Could  
**SAVE** a Family Members  
**LIFE**



Your decision *won't just affect you.*  
It will also impact Your Family, since your test  
results may *Forecast Their Cancer Risks*, too.



WILL YOU **GIVE**  
YOUR LOVED ONES  
THE INFORMATION TO BEAT  
**CANCER**  
IN THEIR **LIVES**?



**GIVE THEM**  
THE GIFT OF  
**KNOWLEDGE**

knowing is better than  
not knowing.



■ Knowledge is Power

We believe it is important to understand what can and cannot be learned with genetic testing. Genetic mutations can increase risks for certain cancers, but this does not mean cancer will definitely develop. You should be prepared to receive positive or negative results. Most people receive Negative Results meaning no mutations associated with an increased risk for the Hereditary cancers.



[www.FamilyCancerScreening.com](http://www.FamilyCancerScreening.com)

[www.FamilyCancerScreening.com](http://www.FamilyCancerScreening.com)



Genetic Testing revealed

Aaron Rosenberg carried a mutation that gave him a 55 to 70 percent chance of developing stomach cancer. Early screening revealed there were 14 sites of stage 1A cancer. Once the news sunk in, he realized **his Mother Genetic Testing Saved His Life.**

Genetic Testing Saved My Life

Because of my age and **Ashkenazi Jewish ancestry**, My Dr recommended Genetic Testing and they were right. I had the BRCA Gene, because of this my other two sister got tested, my younger sister was positive and my older sister was negative.

**Now we are in control**, there are steps that can be taken to reduce the risks, including enhanced breast cancer screening, risk-reducing surgeries, and chemoprevention, in which drugs are used to try to reduce the risk or delay the development of cancer.



**Genetic Testing** is done to determine whether family members without obvious illness have inherited the same mutation as a family member who is known to carry a cancer associated mutation.

Meaning Will You Help Your Kids & Grand Children?



A breast cancer survivor before age 30

**'Genetic testing saved my life'** Tiffany Brown was diagnosed with breast cancer two weeks before her 29th birthday. Brown, now 30, credits her recovery to **awareness** of a **hereditary genetic mutation** that predisposed her and her family to the disease. **After my mom tested positive for the BRCA 1 gene mutation**, I knew genetic testing was something that I would need. Once I tested positive, I was referred to a breast health clinic for **increased surveillance**. There, my medical care providers were very diligent in making sure I was watched closely. **Knowledge is power and, in this case, Genetic testing saved my life!**

What are the benefits of testing?



The Power of Knowledge

Helping Younger Family Members Know if there is a Risk and Preparing for it.

Knowing if you have a genetic mutation is that you can work with your doctor to monitor and address your cancer risks.

According to the American Cancer Society eating 5 or more Servings of Vegetables & Fruit, and Most Importantly also lowering your intake of red meat, dairy and eggs will help prevent or delay cancer.

My father had genetic testing

and found he had hereditary nonpolyposis colorectal cancer (HNPCC) commonly known as Lynch syndrome. My name is Elizabeth Green and I am a 10-year survivor of colorectal cancer. From an early age I learned the importance of screenings and knew about signs and symptoms. **Following screening guidelines for individuals at an increased risk & Knowing my family history saved my life!**



There are many benefits to getting tested, regardless of the eventual result.

If one of your family members — however distant — had cancer, there is a chance that you inherited a gene mutation that not only increases your personal risk of cancer, but also could be passed to the next generation. Those who are carriers of hereditary cancer gene mutations, could be at risk of getting cancer earlier in life than the general population.

**The sooner genetic testing is done, the more likely it is that the risk can be managed appropriately.**

There are many Known risk factors for Cancer.

GENETICS and FAMILY HISTORY are Often Overlooked

A Positive result or finding a mutation is Not a Cancer Diagnosis and does not mean you will ever develop Cancer learning if you have an increased risk for cancer can make a difference